



Canadian Agricultural Safety Week

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Public Service Announcement

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BUILDING WELLNESS ON YOUR FARM

A healthy farmer is a safe farmer and a safe farmer is a strong farmer. Look after your health and wellness. It's one of the best investments you can make for the future of your farm.

Your farm and family depend on you. Get enough sleep. Eat good food. Get some exercise. See your doctor on a regular basis.

This Canadian Agricultural Safety Week celebrate Safe and Strong Farms. For more information on Building an AgSafe Canada, visit agsafetyweek.ca



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